

03

SEASON  
2023

# NEWSLETTER

MAY 2023



SCHOOL VISIT  
ST JOHN'S SCHOOL  
RANFURLY

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## COACH COURSES

**FUN/MINI Sticks Coach Clinics:**

Thursday 8 June:

Maniototo 3.15pm - 3.45pm

Saturday 10 June:

Queenstown 10am-11am

Sunday 11 June:

Cromwell 10am-11am

Scan QR Code or follow link for  
registration:

<https://www.playhq.com/hockey-new-zealand/register/d7bcb3>



**Coaching Core Skills Workshops  
from Jolene Otago Hockey for  
Kiwi Stick - Senior coaches:**

Friday 23rd of June 6.00pm -

7.30pm Cromwell Turf

Saturday 24th of June 9.30am -

11.00pm Queenstown Turf



Link for the registration:

<https://www.playhq.com/hockey-new-zealand/register/ff246b>

# FUNKEY HOCKEY-HOLIDAY PROGRAM

Funkey Hockey is about learning how to play hockey in a fun and playful way. In term 3 we have a 6 week program. In this 6 week program we teach you the basics of hockey through various skill games. It is all about having fun with friends, being active and discovering hockey in an exciting way! See flyers on the next page for more info.

During the holidays we have a free Funkey Hockey session for everyone! Choose the location that suits you and try it out:

- Wanaka Wednesday 12 July:  
Year 1-4: 09:30-10:15am / Year 5-8: 10:30-11:15am
- Queenstown Wednesday 12 July:  
Year 1-4: 01:30-2.15pm / Year 5-8: 2.30-3.15pm
- Cromwell Thursday 13 July:  
Year 1-4: 09:30-10:15am / Year 5-8: 10:30-11:15am
- Alexandra Thursday 13 July:  
Year 1-4: 01:30-2.15pm / Year 5-8: 2.30-3.15pm

Scan QR Code or register via this link:  
<https://www.playhq.com/hockey-new-zealand/register/a79110>



Note: This program is for both hockey players and non-hockey players. Even if you don't have a stick you are welcome, sticks are supplied.

## COMPETITION INFORMATION

It's been great to watch the amazing hockey on display during the first 5 rounds. Well done to all the players and a big shout out to our fantastic coaches, managers, umpires who all volunteer their time to make our competition such a success!

Junior Draws for the next 3 weeks will be out soon.

Here are some reminders for the last part of the season:

Please remember to use the gates to enter and exit the turfs.

When printing out the card in Cromwell, please print all the games for that day and remember to put the laptop away.

All teams must ensure they supply an umpire for their game. All grades must have 2 umpires on the field. Don't forget to bring your whistle!

Have fun and good luck in the last part of the season!



FUN  
KEY

FREE

HAPPY  
HOLIDAYS

TRIAL!

TIME FOR  
**FUNKEY**  
**HOCKEY**  
paperplus



Scan QR-to register or [click here!](#)  
More info? Visit [coha.org.nz](http://coha.org.nz) or email  
[Berber.development@coha.org.nz](mailto:Berber.development@coha.org.nz)

Term 3-Start last week of July 2023

6 weeks program: Price \$30

3.30-4.15pm Year 1-4

4.30-5.15pm Years 5-8

\*Cromwell Year 5-8 same time as years 1-4.

Tuesday Wanaka

Wednesday Queenstown

Thursday Alexandra

Friday Cromwell\*



# U15 DEVELOPMENT PROGRAM!

Under 15 training Program will run for 6 weeks and will start on Sunday 13 August 2023.

Session 1:  
Sunday 13 August:  
with a special guest!

Session 2:  
Sunday 20 August

Session 3:  
Sunday 27 August

Session 4:  
Sunday 3 September

Session 5:  
Sunday 10 September

Session 6  
Sunday 17 September

A team of players will be named from this program to attend the U15 South Island Tournament, Christchurch, 24th – 28th September.

Scan QR Code or register here:

<https://www.playhq.com/hockey-new-zealand/register/a292ed>



MORE INFO,  
SEE POLICY:  
[COHA.ORG.NZ/  
UNDER15](https://www.coha.org.nz/under15)

# U13 DEVELOPMENT PROGRAM



**DON'T  
MISS  
OUT!**

Under 13 training Program will run for 6 weeks and will start on Sunday 13 August 2023. After that the sessions are on Tuesday (year 7) and Wednesdays (year 8). Year 7 is held on 2 groups. Central Otago East (In Omakau, for the Maniototo region) and West (for the Wanaka, Cromwell and Queenstown Region, the training locations alternate).

Session 1: Cromwell - Sunday 13 August: Expo Session with with a special guest!

Session 2:

- Tuesday 15 August: Year 7- Wanaka / Omakau
- Wednesday 16 August: Year 8 (11 a-side)- Cromwell

Session 3:

- Tuesday 22 August: Year 7- Cromwell / Omakau
- Wednesday 23 August: Year 8 (11 a-side)- Cromwell

Session 4:

- Tuesday 29 August: Year 7- Queenstown / Omakau
- Wednesday 30 August: Year 8 (11 a-side)- Cromwell

Session 5:

- Tuesday 5 September: Year 7- Cromwell / Omakau
- Wednesday 6 September: Year 8 (11 a-side)- Cromwell

Session 6: Festival Cromwell

- Sunday 10 September: U13 Girls/Boys- Cromwell

Times: Tuesdays and Wednesday sessions- 4:30-6pm.

\*The first training will be a Sunday as an expo day and the last training will also be on a Sunday as a mini tournament. Time Sunday Sessions T.B.C.

Keen to learn new skills and would you eventually like to participate in the U13 tournament? Then sign up quickly!

<https://www.playhq.com/hockey-new-zealand/register/5e7880>

More info, see policy on [coha.org.nz/under13](https://www.coha.org.nz/under13)



We are looking for coaches who want to develop and help us with the u13/u15 training sessions/tournaments. Please email Berber before 16 July: [development@coha.org.nz](mailto:development@coha.org.nz)

**COACH OPPORTUNITIES**

# U15 & U13 DEVELOPMENT PROGRAM

Registration now open!



**6 WEEKS PROGRAM + TOURNAMENT**



**FIRST SESSION SUNDAY 13 AUG. WITH A SPECIAL GUEST**



**FOLLOWED BY SESSION ON:  
U13: TUESDAY / WEDNESDAY  
U15: SUNDAY**



**VARIOUS LOCATIONS IN CENTRAL OTAGO**



**SCAN QR CODE TO REGISTER OR VISIT  
[COHA.ORG.NZ/DEVELOPMENT](http://COHA.ORG.NZ/DEVELOPMENT)**



**WE ARE LOOKING FOR COACHES WHO WANT TO DEVELOP AND HELP US WITH THE U13/U15 TRAINING SESSIONS/TOURNAMENTS. PLEASE EMAIL BERBER BEFORE 16 JULY: [DEVELOPMENT@COHA.ORG.NZ](mailto:DEVELOPMENT@COHA.ORG.NZ)**



# U18 TEAM ANNOUNCEMENT

## CENTRAL OTAGO U18 BOYS



WILL ANDERSON  
MATT BOTTING  
PETE DAVIS  
ANGUS DRINNAN  
JOSH EDE  
KAYLEB HANCOCK  
COHEN HOSKINS  
SAMUEL ROBERTSON  
-MUIR

PEARCE SUMMERFIELD  
HUDSON WEATHINGTON  
ALEX CAMPBELL  
FLYNN WILSON  
HAMISH LEYSER  
HAYDEN BECKER

2 PLAYERSTBC

COACHES: GARETH WILLIAMS AND SAM PIMM  
MANAGER: TINA BECKER

well  
done!



## CENTRAL OTAGO U18 GIRLS



RUBY IVES  
ABBEY RAGG  
ARIANA WEBB  
BILLIE WILLSON  
SAM FOOKES  
ABBY FOOKES  
IZZY MISCISCO

CLAUDIA PARK  
NIAMH MAY  
KASS PONT  
AMY BENSON  
JESSICA COLMAN  
HEIDI CLARKSON  
MILLA DRUCE

COACHES: NIKKI HECKLER  
MANAGER: SHARYN PARK  
ASSISTANT MANAGER: BETH FOOKES

well  
done!



# SIDE-LINE BEHAVIOUR

COHA's vision is: A progressive and positive hockey experience for all. That includes positive side-line behaviour and sportmanship. Below a video for supporters. If the video doesn't work, follow this link: [balanceisbetter.org.nz/5-golden-rules-for-sideline-supporters/](https://balanceisbetter.org.nz/5-golden-rules-for-sideline-supporters/)



# SPORTSMANSHIP



- Respect your opponents: Good sportmanships starts with respecting your opponents. Remember without opponents, there would be no game at all! Respect your opponent's right from the start, shake hands, wish them luck, play fair, play by the rules, if your opponent falls -pick up your opponent, thank the players, coaches and umpires on the end and shake hands.
- Be A Good Teammate: In order to be a good teammate, you can't just think about what you want. You also have to think about what the team needs. A team is like a family. Everyone needs to work together.
- Learn From Losses: There is no shame in losing, no shame in learning from a loss. While winning is definitely more fun, that doesn't mean it will make you a better athlete.
- Give The Ref A Break: Complaining about the referee will never make you a better hockey player, no matter how badly you feel the game has been officiated. Referees make mistakes just as players make mistakes.
- Listen To Your Coaches: The only way to keep improving as a hockey player is to become a student of the game and value all of your coaches as teachers. There is something you can learn from every coach that will make you a better hockey player.

# SENIOR MEN IAN SMITH TOURNAMENT

The CO Senior representatives head away to various local and National tournaments throught out the year.

The first tournament for the senior men is it Ian Smith Tournament in the weekend of 3-5 June 2023.

We wish our Senior Men the best of luck and congratulations to the following players:

Brad Cosgrove  
Curtis Luff  
Damon Ross  
Dean Hawley  
James Adams  
James Fendall Leech  
Jason Lennon  
Jono Young  
Martin Bungard  
Nick Browett  
Oliver Jolly  
Ross Anderson  
Sam Fitzgerald  
Sam Pimm  
Sean Brunton  
Thomas Paul

Manager:  
James Fendall Leech

Coach: Brad Cosgrove



# COHA STRATEGIC PLAN

COHA worked hard on a strategic plan. The first parts are visible now. See images below or check out the website: [coha.org.nz/about](http://coha.org.nz/about)

## COHA Strategic Plan 2023- 2025



**Vision:** A progressive and positive hockey experience for all.

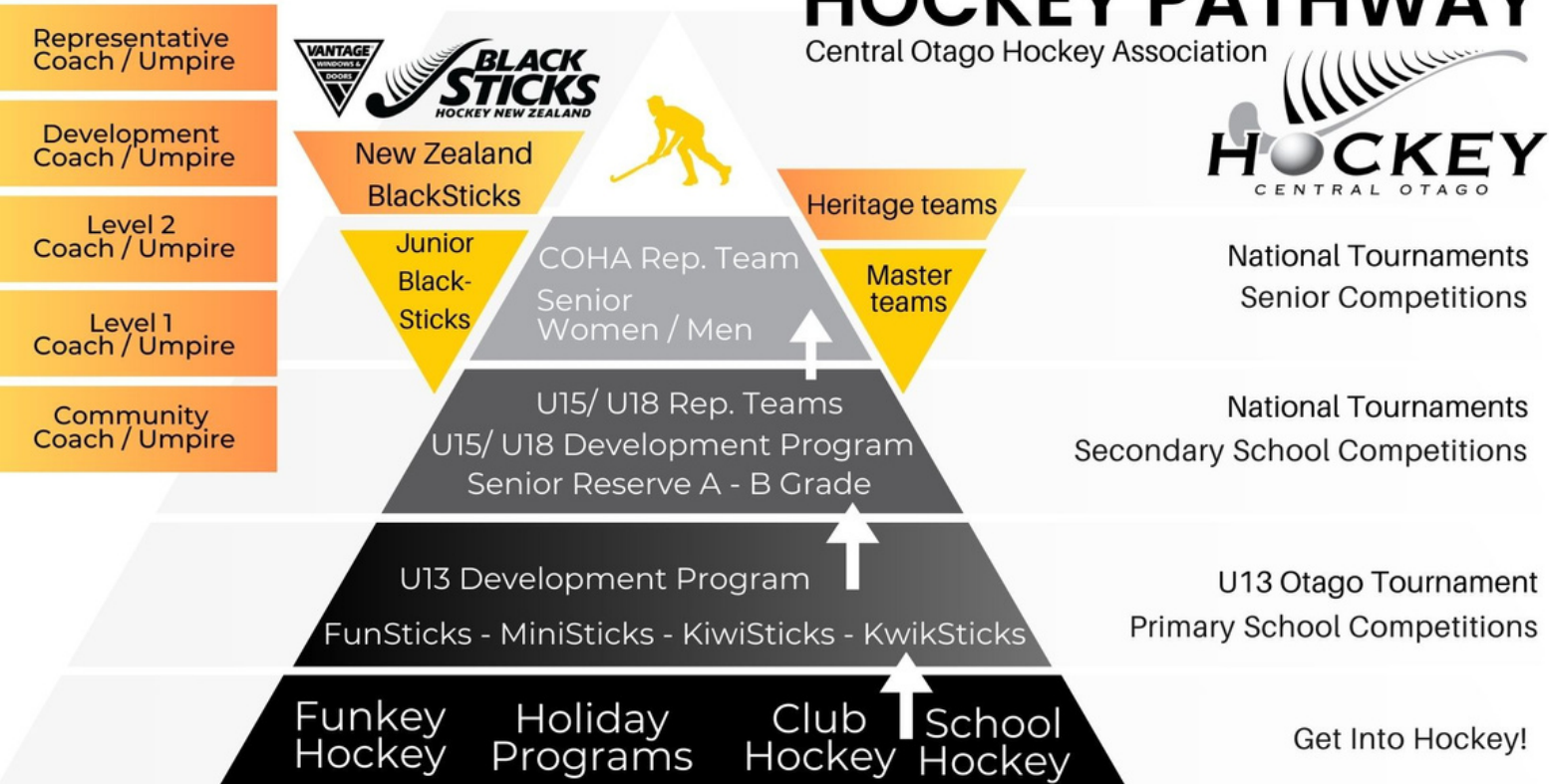
**Purpose:** To facilitate a successful and enjoyable hockey experience.

**Values:** Pride, Inclusion, Respect and Enjoyment.

Key Result Areas	Enable	Experience	Sustain	Engage			
	Creating opportunities to participate, grow & excel.	Providing a well organised hockey programme & excellent facilities.	Setting organisational conditions to ensure the continuous improvements & future sustainability of COHA & it's Clubs.	Creating a positive, inclusive & engaging environment where everyone is valued & respected.			
Goals	<p>Provide meaningful development opportunities for players that enable them to reach their potential.</p> <p>Deliver comprehensive &amp; meaningful coaching &amp; umpiring experiences for all ages &amp; levels of experience.</p>	<p>Deliver an inclusive hockey experience catering for all ages &amp; abilities.</p> <p>Develop &amp; maintain high quality hockey facilities that meet the need of our hockey community &amp; allow for future growth.</p>	<p>Create an efficient &amp; financially sustainable hockey community.</p> <p>Implement policies &amp; processes that foster cohesion &amp; collaboration within COHA.</p>	<p>Major stakeholders are engaged, informed and connected.</p> <p>Create an inclusive atmosphere that volunteers, players &amp; supporters want to be involved in.</p>			
2023 Annual Plan Objectives	<p>Provide future pathways that cater for all ages &amp; abilities.</p> <p>Provide player development for all ages &amp; abilities.</p>	<p>Provide future pathways for coaches and umpires.</p> <p>Upskill, support and resource coaches and umpires during the season.</p>	<p>Deliver a well organised hockey competition with early notification of the search's format.</p> <p>Create a facilities development plan &amp; provide clubs with appropriate information about turf setup.</p>	<p>Develop a governance framework with clear roles &amp; responsibilities.</p> <p>Develop robust policies &amp; procedures.</p>	<p>Offer support to clubs around policies and procedures.</p> <p>Support members to foster cohesion &amp; collaboration within COHA.</p>	<p>Develop a positive relationship between COHA, Clubs &amp; key Stakeholders.</p> <p>Develop a communication strategy that uses a variety of mediums to allow effective communication between &amp; within COHA &amp; the Clubs.</p>	<p>Develop a volunteer attraction &amp; retention strategy.</p> <p>Celebrate &amp; acknowledge our volunteers &amp; supporters.</p>

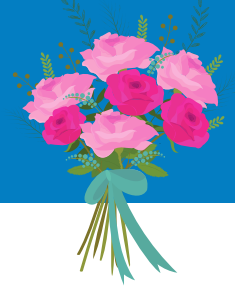
## HOCKEY PATHWAY

Central Otago Hockey Association





# VOLUNTEERS OF THE MONTH



If we don't have volunteers, we don't have hockey.

Clubs run on volunteers and we are very proud of our volunteers! Within Central Otago there are many people who are very committed to hockey. These people keep hockey standing in our region. We would like to put these people in the spotlight. An invitation to each club to select a volunteer of the month. Forward this to Berber at [development@coha.org.nz](mailto:development@coha.org.nz).

The board of COHA also runs almost entirely on volunteers. They put a lot of hours into hockey besides their jobs and that is why I want to thank them. It would be nice if you also thank them for their efforts when you meet them at the turf. That's why I want to put the following people in the spotlight first:

**Sally Mullally**

**Nikki Heckler**

**Craig Paterson**

**Paula Shortall**

**Sarah Clark**

**THANK  
YOU!**

**VOLUNTEERS DO NOT  
NECESSARILY HAVE THE TIME,  
THEY JUST HAVE THE HEART!**

