

01
SEASON
2023

NEWSLETTER

MARCH 2023



TOGETHER

**We will make
it a great
season!**

TOPICS

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BERBER**

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WELCOME TO THE 2023 SEASON

Hello everyone! My name is Berber Swart, I am a true sports enthusiast from the Netherlands. I graduated as a PE teacher and have also got my master's degree in Sport Management! From the middle of September 2022, I moved to your beautiful New Zealand. From then I immediately started working at Otago Cricket. Now that the cricket season is almost over, it's time for a new challenge and how nice is it that I found that opportunity in the hockey world. I'm really looking forward to picking up hockey here with you. It would be great if we could make hockey here as big as in the Netherlands! I am here for you as a club and for the members. If there's anything I can help you with, send me an email and I'll be more than happy to help!

I wish you all the best of luck with this season.
Together we will make it a great season!

Kind Regards,

Berber Swart.
Community Hockey Manager
COHA



FESTIVAL WEEK- HOCKEY HEROES!

To kick off the season in a fun and exciting way, we are organising a festival week! Hockey Heroes is theme! That means your teams can all dress up as their favourite superhero! The best dressed team will receive a prize. Next to that, the festival is all about hockey of course! Several matches will be played, in addition, there will also be plenty other things for the players to do when they are not playing matches! Think of teamwork games and skill exercises.

Do you have hockey equipment that you would like to sell? We would also like to run a second-hand sale during this week. So pass any of your unwanted gear to us, with a price you want and we will sell it on your behalf. Email Berber: development@coha.org.nz for more information.

General information:

More information will be sent to the clubs after registration closes.

- The festival week is the first week of Term 2 (starting 24th April). All teams will be in Cromwell
- Monday 24th April - Kiwi Sticks.
- Tuesday 25th April - ANZAC Day.
- Wednesday 26th April - All Kwik sticks (Girls will be first and Boys will follow).
- Thursday 27th April - Senior reserve Div 2.
- Friday 28th April - Senior reserve Div 1.
- Saturday 29th April - Premier Men and Women.
- Sunday 30th April - Mini Sticks and Fun Sticks.
- All coaches / manager and umpires are required to attend meetings/clinics on the day.



CALENDER

View this season's [calendar here!](#) Here you will find all important dates, tournaments and matchdays!

STRATEGIC PLAN

The Board decided that a review of our strategic plan was required so we could refocus after COVID and get a better picture of what our rapidly growing community wanted hockey to look like in Central Otago in the years to come.

The Board constructed a survey with Sport Otago guidance that was sent out to individuals and clubs. They worked with Jo and Tiny from Sport Central to compile the survey information and formulate the strategic plan. The Board was also supported throughout the process by the Governance Mentoring Programme funded by Central Lakes Trust. We welcome any feedback.

[Find the Strategic Plan here!](#)

CO REPRESENTATIVE COACHES NEEDED!

At the moment we are looking for Central Otago Rep coaches for the U18 and Senior teams! Do you want to help these teams? Then [register here!](#)

COACHES COURSE

Jolene Casey from Otago Hockey will be running a coaching course in Cromwell during May.

More information is coming soon.

However, club coaches can get prepared NOW.

The first step for all of our coaches is the "Coaching Ticket".

This is a great 'introduction' to any Coaching Programs, and we highly recommend that clubs encourage coaches to jump online and get this done first.

Ultimately, a short online course MUST be completed via this platform prior to the session in May.

[Click here to register for a coaching ticket.](#)

U18 DEVELOPMENT/ U15 ACCELERATOR

The U18 Development/U15 Accelerator training sessions are coming soon!

This is open to all U18 players and any U15 players who were a part of the 2022 U15 campaigns.

If you want to further develop your hockey skills, you can register now! [Register here!](#)

Training Dates:

We kick it off with an exciting session given by Sporting Edge.

All trainings in Cromwell on the following dates and times:

Sunday 2th April- 1.30-3pm (Sporting Edge)

Sunday 16th April- 1:30-3pm (Black Sticks)

Sunday 23th April- 1:30-3pm (CO Hockey Coaches)

Sunday 30 April- Time TBC (CO Hockey Coaches)

Sunday 7 April- Time TBC (CO Hockey Coaches)

This program costs \$100 in total per player.

From here the aim of COHA is to send teams to the Un18 National Tournaments. More information about this can be found on the [website](#) and will be given during the training.



SENIOR MEN AND SENIOR WOMEN

The CO Senior representatives head away to various local and National tournaments throughout the year including the National Hockey Championship to be held in Hamilton this year. 1st up our Senior Men are off to Ashburton for the Ian Smith Tournament.

All Senior players wishing to put their names forward for the Men's or Womens team, [Register here now!](#)

Find more information about the tournament dates on the [website](#). The training days and costs to be confirmed.

COHA 2023 FEES

Hockey Affiliation Fee: (new trial for 2023 as emailed to delegates)

- Senior Men and Women: \$1,120 per team
- Secondary School Players: \$630 per team
- Kwik, Kiwi & Mini stick teams: \$245 per team
- Fun sticks \$10 per player

The affiliation fees have been set based on a number of players (14 players for all 11 aside teams and 7 for 6 aside teams), if you have more than this in your team you will not be charged extra - it is just a bonus for your club.

COHA Team Registration Fees:

- Premier Men & Women: \$400 per team
- Senior Reserve A & B teams: \$300 per team
- Kwik, Kiwi & Mini stick teams: \$80 per team

COHA Match Fees:

- Senior Men, Senior Women and Senior Reserve A: \$90 per game
- Senior Reserve B: \$75 per game
- Kwik & Kiwi sticks: \$35 per game
- Mini sticks: \$20 per game

Pavilion Levy:

- Premier Men, Women & Senior Reserve A, B: \$5 per person
- Kwik, Kiwi, Mini & Fun sticks: no charge

COHA invoice dates to clubs:

- Affiliation fee, Team Registration fees and Pavilion levy - late April once team entries have closed off.
- Match Fees - June, July, August is the Final invoice plus or minus any adjustments.

Our Handbook is available for all clubs, coaches and players [here](#).

HANDBOOK

All of the information you need to know about any of the Junior or Senior competitions. Your number one stop to find information before asking.

KICK START HOCKEY HOLIDAY PROGRAM

COHA are offering a FREE holiday program for both hockey and non-hockey players.

This will be run at 4 different locations in collaboration with hockey clubs. The flyer is visible at the end of this newsletter. Please share this flyer on your socials, with your members and community! We will ensure that it is included in the newsletters of the schools.

DATES / TIMES:

- 11th April - Queenstown: 10 - 11.30 (Yrs 1-4)
12 - 2.30pm (Yrs 5-8)
- 12th April - Wanaka: 09 - 10.30 (Yrs 1-4)
11 - 1.30pm (Yrs 5-8)
- 12th April - Cromwell: 2.30 - 4pm (Yrs 1-4)
2.30 - 5pm (Yrs 5-8)
- 13th April - Alexandra: 10-11.30 (Yrs 1-4)
12 - 2.30pm (Yrs 5-8)

[Register for the Kick Start Hockey program here.](#)

SPORTING EDGE

Sporting edge are coming back to Cromwell on the 1st/2nd April to run their famous training camps.

Please advertise this to your club members - they run fantastic sessions for ages. It is also an opportunity for coaches to head along and watch the drills they run and how they structure a practice session. Players can register on their website www.sportingedge.co.nz or by going through the advertisement on the COHA facebook page soon. They will also be bringing down their pop-up shop with lots of great specials for those that might need some new gear.

FAST 9'S

COHA are offering an exciting new competition as part of Clubs pre season training. An exciting and fun start to the season - get you club teams entered ASAP on Play HQ!

- Limited to 8 teams
- Runs for 4 weeks
- Senior Reserve and Premier grades - Mixed teams
- When: Wednesday nights, first game at 6pm
- Where: Cromwell Turf

Contact competition@coha.org.nz for more info!

TEAM ENTRIES

- The Senior Reserve and Premier teams MUST be entered by 31st March - the draw should be completed and available on Play HQ by 6th April for these grades
- All Primary grades MUST enter their teams by 14th April (this is allowing for an extra push for registrations during the Kick Start program) - The draw should be completed and available on Play HQ by 22nd April for these grades.
- 17th April - teams MUST have coaches and managers named in the teams on Play HQ

PROMOTIONS

On the following pages you will find flyers of our programs / activities. These are made to promote certain things extra - PLEASE share them in your community, in chat groups, on facebook or can be printed and displayed at the club building etc. Together we can reach more people!

Many thanks!

KICK START HOCKEY DAY!

FREE

[Scan or click here
to sign-up!](#)



FANTASTIC DAY FOR THE KIDS IN THE HOLIDAY!

Queenstown

**Tuesday 11 April: 10:00-11:30
(Year 1-4) / 12.00-2.30 (Year 5-8)**

Wanaka

**Wednesday 12 April: 09:00-10:30
(Year 1-4) / 11.00-1.30 (Year 5-8)**

Cromwell

**Wednesday 12 April: 2.30-4pm
(Year 1-4) / 2.30-5.00pm (Year 5-8)**

Alexandra

**Thursday 13 April: 10:00-11:30
(Year 1-4) / 12.00-2.30 (Year 5-8)**

Questions? Send email to:
development@coha.org.nz



Central Otago

U18 Development/ U15 Accelerator Program

Registration Now Open!

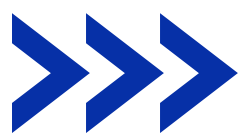


Scan QR Code, find more information and register directly. Or visit: coha.org.nz/under18 or contact Berber: development@coha.co.nz





COACHES WANTED!



Every team needs coaches! Doing something for the other makes you feel good. Helping our hockey players to develop is something fantastic!



Are you keen to help our teams futher develop their skills? COHA is now looking for coaches for our U18 and Senior Teams!



Scan QR Code or register via [PlayHQ here!](#)
More information? Email Berber:
development@coha.org.nz



REGISTRATIONS
NOW OPEN



FAST 9s

8 TEAMS

Wednesday Nights - Start 15th March

Senior Reserve and Premier
players

Mixed teams

\$180 per Team

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Ask your Club to enter your
team via Play HQ today





CENTRAL OTAGO

SENIOR MEN AND WOMEN



Our senior players to attend various tournaments each year including Ian Smith (Men) and the National Hockey Championship.

If you wish to trial for either of these fantastic teams please register now!

Scan QR Code and register directly.

[Find more information here](#) or

Contact Berber: development@coha.co.nz